

# HOMELESS IN PRESTON? Getting Help

## About to Lose Your Home?

If you are afraid you are going to become homeless in the near future. **DON 'T DELAY!** Contact one of the Advice Centres to talk about your problems and prevent the worse happening.

## Finding a Place to Stay

If you have just become homeless, and you have no money and no friends or family who can help you with a bed for the night, it's going to be difficult to sort out your problems today. But there are many organisations who will try their best to help and your best chance is to contact them, tell them all about your situation, and follow their advice. There are lots of people who have been helped and are now settled and supported in a place of their own.

As a first port of call there are some top quality advice centres who specialise in helping homeless people

THE FOXTON CENTRE,  
Knowsley St, Avenham (behind St James Church) where a team of workers offer advice and support, assess your needs and make referrals. (Tel. 01772 555925)

Community Café open  
Tuesdays, Wednesday and  
Thursdays 11am -3pm  
Now also open some Saturdays  
11.30am-2:30pm

**Preston City Council Housing Advisory Services:** . 01772 - 906412/14

Emergency Out of Hours Service: 01772 - 251076

Town Hall Annexe, Birley Street, Preston (Near covered market)

IF YOU HAVE NOT LIVED IN PRESTON OR SOUTH RIBBLE FOR MOST OF THE LAST YEAR OR HAVE NO STRONG LOCAL CONNECTIONS IT WILL BE ALMOST IMPOSSIBLE FOR THE COUNCIL TO HELP YOU. YOU WILL BE BEST ADVISED TO RETURN TO OR STAY IN YOUR HOME DISTRICT AND SEEK HELP THERE.

Leaflet published by Preston Homeless Forum; There is more information on the web site at <http://www.homelessinpreston.org.uk/>  
This Version August 2011

And for young people  
aged 16-25

Barnardos

Moving On Project,

is based in Urban Exchange,  
opposite the Post Office in  
Mount Street, just off  
Fishergate

Tel. 01772 - 255304 or 01772 -  
788993

You may also wish to contact for advice

**SHELTERLINE: 0808 800 4444**

Shelter provides a free, national telephone advice line staffed by trained housing advisers. We have helped thousands of people, from finding them a place to sleep to suggesting how to handle mortgage arrears.

**On  
the  
streets**

## HOMELESS IN PRESTON? SURVIVING

**IF you end up sleeping rough. or are on the streets and broke, \_\_\_\_\_**  
**If you are hungry and cold these are the places you can get immediate**  
**help and a meal: \_\_\_\_\_**

**Central Methodist Church, Lune Street. \_\_\_\_\_**

**Sunday and Monday from 6pm-9pm**

**St Wilfrid's Hall, Chapel Street (near Winckley Square) \_\_\_\_\_**

**Drop- In with food Tuesday 6:pm -**  
**run by The Freedom Centre**

**Community Café @ The Foxton Centre, Knowsley St. Avenham ;**

**Behind St James Church**

**The one stop shop to get help with housing and other  
problems**

**Open Tuesdays, Wednesdays and Thursdays 11 am-3pm  
and Saturdays 11:30 - 2.30pm**

**offering social activities, showers, clothes, sleeping bags (limited supply), intensive 1-1  
support with qualified workers, befriending service. There is a small charge for food—£1  
for hot meals 50p for sandwiches, tea & coffee free.**

**The Salvation Army: \_\_\_\_\_**

**Harrington St Off Adelphi St, Near the University**

**Drop-In - Open Kitchen with a free meal.**

**Friday 12noon - 1.30pm**

**You can also use the computer suite and internet facilities by arrangement. Laundry and showers are  
available by arrangement on other weekdays. Blankets or Sleeping bags and clothing vouchers when avail-  
able. Food Parcels only by referral from another agency and limited to one per month. Also the Big Issue  
sales depot for the area.**

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**Watch out for teams who patrol the streets of the City Centre at night  
offering help to homeless people.**

**Street Pastors around New Hall Lane and Meadow Street Area on Friday Nights**

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